

## BOWLER TARGETS

### Simple target games for bowlers

#### NOVICE

**Challenge 1** – score a point for every ball that bounces only once before the batsman. See how many points you can score in a set number of deliveries (e.g. 12)

**Challenge 2** – draw a chalk line down middle stump. Score a point for every ball that bounces once regardless of line. Score two points if it also lands to the off-side of your chalk line, as long as it's not a wide.

**Challenge 3** – score a point if you make the batsman leave, play and miss, or defend a delivery. See how many points you can score in a set number of deliveries? Have targets e.g. can you score 6 points in 12 deliveries. Adapt the challenge depending upon the skill level of the batsman.



#### COACHING TIP

By setting appropriate challenges for your bowlers, you can start to build their understanding of just what is needed to be a good bowler – i.e. control of where the ball is going.